VOLUME 4 ISSUE 77

NOVEMBER 17, 2014

FROM THE SUPERINTENDENT



The Firelands Local School District Excellence Every Day!

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Excellence is a state of being and striving, never something that simply has occurred and remains static. Each day at FLS, we must review our focus and our goals, fine-tuning what we do and ensuring that we continue to grow individually and collectively. As an educational institution, we face new challenges on a daily basis. Therefore, we must de-

velop creative ways of consistently achieving the excellence we desire. As a team, we can and we will be successful.

Especially at this time of the year, I am deeply grateful to every individual whose energy and effort contributes to making FLS the exciting, highly respected learning environment that our students consider their home away from home. Excellence comes from each of us giving our best and encouraging those around us to do the same.

As I reflect on this year, I am grateful

...for the students themselves, whose enthusiasm and exuberance are the foundation of who we are and why we are here

...for our building PTGs—always reliable, always willing to help—doing whatever they can for students and staff

...for our boosters—athletic and music—who support our students with their time, their money, and their hard work

... for our student scholars, musicians, and athletes who represent us at their best in our community

... for our custodial and maintenance staff who work to create an environment that makes us proud to welcome others into our buildings

...for the parents and guardians of our students, who serve as active partners with the faculty and staff, guiding and supporting our children and young adults to reach their fullest potential ...for our teaching staff—for the countless hours of work that we see and more importantly for the countless hours that we do not see—which results in a consistent and high-quality education for our number one commodity—our students

... for the cooks who nurture our bodies and for the counselors who nurture our souls

... for the alumni and the community, our major cheering sections, who prove that once a Falcon, always a Falcon

...for the secretaries, aides, clerks, monitors, and all others who keep the cogs of our organization running smoothly on a daily basis

... for our nurses and school psychologists, who help our students deal with problems that may interfere with continual growth and learning

... for our bus drivers, who are the first contact with our students—setting the tone for the day

...for our administrative team and school board members, whose teamwork and efforts are a constant support to me, to our staff, to our community, and most importantly—to our students

...for—most importantly—my wife and two sons—you are my world and my greatest source of strength and joy

Thanksgiving is not just a one-day remembrance, any more than excellence is something that is achieved and then somehow miraculously maintained. Other than the once-a-year experience of too much turkey and pumpkin pie or the exciting single moment when we celebrate our success as a District, both Thanksgiving and excellence are goals for every day! Thank you to each of you for everything that you do each day to enrich my life and the lives of the Firelands community, making FLS a place where excellence is an everyday occurrence. I appreciate each of you! Happy Thanksgiving!

Yours in Education,

Dr. Robert F. Hill

Superintendent

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FRESHMEN

Tips to get started on the right track for your high school career Students, you want to make the most out of FAST. Monday, Tuesday, and Friday you have 30 minutes to finish up homework, make up a test/quiz or meet with a teacher for some extra tutoring help . This time is built in for students and teachers to work together. Reminder, you are building your high school transcript. You should have noticed on your report cards that each class has a grade

and a credit value. The next report card for the second quarter and final will make up your final grade. That final grade and credit will make up your first semester records on your transcript. If you receive an F on your report card, you must pass the next 9 weeks and the final to receive credit. If you don't pass both 9 weeks or one 9 week and the final no credit will be given. The formulation of your GPA will begin with the end of the first semester. It is important to keep track of your grades and credits.

Firelands High School with the support of Lorain County Board of Mental Health will be presenting the RESPONSE program to our Freshman December 12th to 16th in Mr. Malave's World Studies classes. This program uses a combination of videos, didactic materials, and interactive exercises to assist youth in learning how to recognize the signs of depression. Students will learn how to connect themselves or their friends with help.

SOPHOMORES

December 3rd - 8th, we will be focusing on career education with the Sophomore class to assist them in the major decisions they will have to make this year about their educational path. Students will explore college preparation, college options, college Tech Prep, and vocational training programs at the JVS. We will be using the Ohio Career Information System and the PLAN test data to assist with career planning. Listed below are the scheduled dates for information sessions about what is available at the LCJVS.

JVS Presentation to Sophomores - December 8, 2014 JVS Sophomore Tour – Thursday, January 29, 2015 JVS Open House - Sunday, February 8, 2015, 1:30p.m. - 3:30p.m.

JUNIORS

We will be using the Practice ACT and the PSAT data for college and career planning. Students will receive their results in December, and we will use the data for Senior scheduling. Students should check out the www.actstudent.org website. We recommend for students to take the ACT or SAT once during their Junior year, usually in the spring or early summer.

ALL SENIORS

The process of selecting a college to attend after high school can be daunting, from scheduling visits to completing the applications and securing the necessary financial aid.

FINANCIAL AID NIGHT

The Financial Aid Night will be November 18th in the High School Library at 6:30 p.m. Victoria Kontos from Bowling Green State University will be presenting.

STAY INFORMED AS SOON AS INFORMATION IS POSTED

The best way to stay informed is by subscribing to the Firelands High School Guidance Page and the Scholarship Page. You can subscribe by going to www.firelandsschools.org and clicking on Firelands High School, then click



World's Greatest **Kid's Race**

11/17/2014

Gianna Camera & Callie Finnegan who competed against over 60 kids at the Dick Goddard World's Greatest Kid's Race at the Woolley Bear Festival and took home a 1st Place – Callie & 2nd Place – Gianna for Firelands in the 6 year old division. Both are 1st graders.



The Firelands Mighty Falcon Marching band at the Woolley **Bear Festival**

6 Firelands FFA members travelled to The Ohio State University with Mrs. Finnegan to explore major & career options in Agricultural Communications, Education,



Guidance and click on subscribe for guidance news, and while you are on the guidance page, click on Financial Aid and College/Scholarship Resources and click subscribe for scholarships.

in late September

FIF®LED Page 3 11/17/2014

FIRST GRADING PERIOD REPORT CARDS DISTRIBUTED

The first grading period ended at FHS on Friday, October 31. Final grades were posted by Tuesday, November 4th, with report cards distributed to the students on Thursday, November 6th. Fee slips for anyone who still owes school fees will be mailed in November. If you did not receive a report card from your student, or believe you still owe fees, please contact the School Counseling Department at (440) 965-5335 to request copies of these forms.

CAREER DAY—OCTOBER 15TH

Wednesday, October 15th was a very productive day for the students of Firelands High School. The morning session had sophomores and juniors in Practice College tests, while the Freshman rotated among ten speakers, receiving career advice from professionals working in the fields of electronic media, financial planning, and vocational careers. A representative was present from College Now to help students prepare now for the challenges that college will give them in a short four years. Our Seniors spent the day shadowing a career field or making a college visit. We are happy to report that participation in the PSAT and Practice ACT is up by almost 39%, and Mr. Northeim reported that early ACT returns in 2014-15 have our students scoring 1.1 points higher than last year, which is just under 23, well above the state and national average.

The afternoon session was all about Community Service. FHS students helped raise over \$1,100 to fight childhood cancer, while also collecting over 350 lbs. of food to be donated to both local food banks and Harvest for America. A special thanks to School Counselors Diane Zimmer and Greg Northeim for setting up the program. Also, FFA Coordinator Shanna Finnegan, Art Teacher Laura Tawil, and Assistant Principal Dave Brown assisted in coordinating the afternoon activities which saw FHS Students help Congratulations to the students who started a newspaper club this school the community while enjoying activities such as Kick-Ball (Kick-It for Cancer), Corn Hole (Feed the needy and Kick-it for Cancer), and a Chalk-Walk Decorating Activity (Feed the needy). Congratulations to FHS, for a great, productive day on Career Day.

FHS STUDENTS OF THE MONTH

Firelands High School, in conjunction with the Firelands Lions Club, is proud to announce our first two Students of the Month.

Cole and Abby are leaders in the Senior Class, as Cole has been very active in leading our student cheering section at many different events this fall. Abby was a driving force in the planning of the entire Homecoming Weekend, as she is Vice-President of Student Council. Abby and Cole are excellent students and are members of National Honors Society.

YOUNG WRITER AWARD

Congratulations to Freshman Angelina Rivera for winning the Best Writing Award for her grade level last May, in a contest sponsored by the Gifted Consortium of Lorain County. Congratulations Angelina, a job well done.

XC TO REGIONAL FINALS

Congratulations to the Boys' Cross-Country team for their outstanding performance at the Division II District and Regional Meets. The Boys were the District Runner-Up, and placed eighth at the Regional Meet in Tiffin. The Boys participating in the Regional Meet were Brennen Crawford, Derek Reynolds, Patrick Brightbill, Ian Valerius, Cullen Grude, Michael Adkins, and Ian Crawford. Also, congratulations to two girls who also qualified to the Regional Meet. Megan Vaughn and Tori Hritsko represented the Falcons at Tiffin.

FHS FALL CHOIR CONCERT A BIG HIT

Congratulations to Choral Director Mrs. Wendy Johnson and her choir students on an outstanding performance last Tuesday during the Fall Choir Concert. Performances by the Freshman, Concert, and Select Choirs delighted the capacity crowd in the FHS Gymnasium. The finale was tremendous, as all of the choirs joined in for one final song. Congratulations to the students and Mrs. Johnson on a job well done.

THE BIRD'S EYE VIEW

year, and to Mrs. Ruple, their advisor, on the inaugural printing of the FHS Student newspaper. The paper is loaded with relevant stories and facts, all written by student journalists. The first edition was published for free and will be made available shortly on our website.

Submitted by,

September - Cole Sklarek	Bob M
September - Cole Sklarek October - Abby Petrey	Firela

Maver, Principal ands High School Page 4 The Fire and Express 11/17/2014 SPORTS 2014 FALL AWARDS

CROSS COUNTRY - GIRLS

All Conference: 2nd Team- Megan Vaughn, Leslie Peterson, & Tori Hritsko All County: 1st Team-Tori Hritsko & Megan Vaughn

All County Honorable Mention-Leslie Peterson & Joy Vaughn

BOYS

- All Conference: 1st Team-Brennan Crawford 2nd Team-Derek Reynolds, Ian Valerius, Cullen Grude & Patrick Brightbill 3rd Team-Michael Adkins
- All County: 1st Team-Brennan Crawford, Derek Reynolds & Ian Valerius
- 2nd Team-Cullen Grude, Michael Adkins & Ian Crawford

Honorable Mention- Matthew Brightbill Boys CC won the Patriot Athletic Conference Championship Finished as DII District Runner-up

Earned a spot as a team at the OHSAA Regional Meet

GOLF

1st Team PAC – Mitchell Hildebrandt Honorable Mention – Brandon Palmer Mitchell won the Patriot Athletic Conference Invita- Attional and finished

as runner up for PAC Player of the year.

VOLLEYBALL

All County: 1st team Katie Michener 2nd team Keely Hall, Mikayla Walbom All PAC: 1st team Katie Michener 2nd team Keely Hall, Mikayla Walbom, Honorable Mention Dalaney Rogala Scholar Athlete: Tori Grasso All District: Honorable Mention Katie Michener

BOYS SOCCER

All PAC: 1st Team: Jordan Ruffner, Tristan Clark, Gus Tapper 2nd Team: Josh Mallett, Patrick Brightbill, Nick Harris Honorable Mention: Jack O'Keefe All County: 1st Team: Jordan Ruffner, Tristan Clark, Gus Tapper 2nd Team: Josh Mallett, Patrick Brightbill, Nick Harris, Bryce Bartolotta Honorable Mention: Jack O'Keefe, John Gall

All District:

1st Team: Jordan Ruffner 2nd Team: Tristan Clark Honorable Mention: Gus Tapper, Patrick Brightbill

Lorain County DII Player of the Year: Jordan Ruffner

Lorain County DII Coach of the Year: Jim Fossie North Central District Coach of the Year: Jim Fossie

First undefeated regular season in school history.

GIRLS SOCCER

 All PAC:

 1st Team: Becca Jackson

 2nd Team: Brandi Holowecky

 Honorable Mention: Alex Willis

 All County:

 1st Team: Becca Jackson, Brandi Holowecky, Steph

 Wells

 2nd Team: Brylee Jones, Zoe Simmons, Karli Bukovac,

 Alex Willis

 Honorable Mention: Valerie Riccardi, Jessie Beran

 All District:

2nd Team: Becca Jackson - Honorable Mention: Brandi Holowecky, Brylee Jones, Steph Wells Alex Willis



The first graders at FES received a pumpkin from a local business, Schlechter Bros. Country Harvest and they mainly specialize in pumpkins and maple syrup. They currently have a pumpkin stand on Baird Rd. and they also have a facebook page (by the same name) that explains more about their business. Their address is: 11986 Baird Rd., Amherst, OH 44001. The first grade students used their donated pumpkin for a week long integrated activities. Some activities were: measuring the circumference of the pumpkin, discovered if it floated or sank in water, we wrote a fictional story and nonfictional story about our pumpkin, we counted the lines, measured the height, and read several stories about pumpkins.





Fall Season Summaries as submitted by the coaches:

SOUTH AMHERST MIDDLE SCHOOL

◆ The South Amherst Middle School's 2014 7th grade football team's record of 1 & 5 was not indicative of the team's success. While the team only had one victory over Columbia on the year, they were competitive in every game they played. This was shown by only losing to Buckeye by 6 points and to Black River by 4 points. The team got fundamentally better with each week and if they keep up their good work ethic, the future looks bright for this group of Falcons!

• The South Amherst Middle School 8th grade football team finished with a final record of 2-6. This is very impressive considering the team went winless in 7th grade. The team also had a couple more games that were very close at halftime but could not pull out the victory in the second half. The boys worked hard the whole season and showed great improvement the second half of the year. We are looking for this group to stay together and do great things next year at the high school. • The 7th grade volleyball team was loaded with talent. We had strong setters, great passers, hard hitters, and amazing servers. Combine all that with a group of hard working athletes and a "never give up" attitude and that was the 7th grade volleyball team. Our final season record was 15-3. We took 2nd place in the conference and 2nd place in the PAC Tournament. From the beginning of the season we worked hard on having 3 touches, (pass, set, hit) every time the ball was on our side. Then we worked on blocking-at first the girls were just getting touches, but they kept trying and eventually they got the blocks. Everyone had a role on the team, which is why we were so successful. They did work hard at practice to play all the positions, but in the end we learned who we could count on for some skills. When it came to passing, our top passers were Brooklyn Ollis, and Rylee Phillips. We were lucky to have so many hitters, they were Mackenzie Mack, Emily Stewart, Sam Walcott, Lauren Widener, Ashley Strauss, Ryvers Cogar, Lexy Coggins, and Aramia Kuncel. Our setters were so good this year. Not only were they good at setting, they were great at scoring with tips, dumps into the corners, and digging the ball out of the net. Our setters were Mika Pina, Joselyn Moquete, Gracie Ransom, and Holly Eberhardt. I was so proud of these girls. I look forward to seeing then next year at tryouts for the 8th grade team. Great Job Girls!! GO FAL-CONS!!!!!

◆ The lady Falcons 8th grade volleyball team had a great season this year. There was much improvement throughout the season. They all showed leadership and dedication as a team. The team almost finished with a .500 record and earned the 8th seed at the end of season Patriot Athletic Conference Volleyball Tournament. It was a pleasure to coach this group of athletes and I wish them best of luck in the future!

◆ The SAMS Cross Country Team competed in 8 races this season. The girls' team athletes are Alexis Alston Gr. 7, Star Vaughn Gr. 8, Alyssa Danicki Gr. 7, and Sadie Hutsenpiller Gr. 7. The girls team top runner was Alexis Alston. Alexis placed 6th, Star Vaughn placed 27th, and Alyssa Danicki placed 37th at the PAC Championship race. The boys' team athletes are Zach BaldwinGr.8, Carter Grude Gr. 8 and Jordon Vaughn Gr. 7. The boys team top runner was Zach Baldwin. Zach placed 10th, Carter Grude 14th, and Jordon Vaughn 43rd at the PAC Championship race. All the runners improved their race times over the span of the season. Great Job Everyone.

FIRELANDS HIGH SCHOOL

• We had a very young and inexperienced team again this year with two freshmen,

aspect of the game. We really worked on knowing what shot to play when and how to visualize and have a plan for each hole. Although we did struggle to gain consistency, we did gain a lot of valuable experience. Each freshman and sophomore played in matches against juniors and seniors where at first they were intimidated, but we worked on focusing on our own game and selecting an area to improve on each match. Eventually, the younger players gained more confidence and focused

◆ The Firelands Cross Country was a very successful season. The Girls team finished 4th at conference and qualified two runners for the Regional meet. Tori Hritsko and Megan Vaughn qualified for regionals and finished 75th & 86th. It was a great effort by both girls. Leslie Peterson provided great senior leadership and was voted the Top Runner of the team. A late season injury prevented her from qualifying for regionals. Joy Vaughn and Maxim Knoth also provided solid depth to have a competitive team.

◆ The Boys Team had one of the best seasons in Falcon Cross Country History. The won the Icebreaker, Black River Invitational, & were Conference Champions. They finished the year up with a District Runner Up Trophy and a trip to Regionals. The team finished 8th out of 16 teams. The team was led by Brennan Crawford, Derek Reynolds, Patrick Brightbill, Ian Valerius, Cullen Grude, Michael Adkins, Ian Crawford & Matthew Brightbill. It was a very talented team that pushed one another. Congrats to all who was a part of this fantastic season.

◆ "The Men's Soccer team posted an undefeated regular season, going 11-0-5. We lost in the Sectional Final of the Division 2 State tournament. I am so proud of our 21 student-athletes who worked so hard to have a successful season. But I am especially honored to have spent my first season at Firelands, being around the 8 seniors who had a great will and desire to win. They were passionate young men, who learned and grew as the season progressed. We have a bright future ahead of us with our underclassmen and their hard work will pay off for next season. Thank you to our wonderful parents, grounds crew, game day workers, booster club, Trainer Joe, Firelands Administration, and Falcon Nation! Go Falcons!"

♦ Led by seniors Jessie Beran, Becca Jackson, Brandi Holowecky, Carrie Kubicki, and Val Riccardi, the Lady Falcons soccer team finished their 2014 season at 10-5 -3 overall and 5-3-2 in the PAC. Some key wins were their 1-0 performances against rivals Vermilion and Brookside. They defended their territory well and went undefeated at home. In their first tournament game, the team beat Keystone in convincing fashion, scoring three goals in the last 20 minutes of the game to win 3-1 (and further avenging their 1-1 tie earlier in the season). JV posted a 3-2 record, promising depth for the Lady Falcons in the upcoming seasons. The hardworking Lady Falcons have another solid season under their belts!

◆ The varsity volleyball team had some big wins this season! They defeated Keystone in 5 games in a very intense match, and also defeated Lorain in 3 great games!! They participated in Volley for the Cure again this season and had their best finish in the PAC as well!! The varsity team won on senior night this year, and we honored our 4 seniors Lauren Bansek, Shaylin Canterbury, Mikayla Walbom and Madison Widener!! The JV team ended their season with a 16-4 record, and played some great volleyball all season! Some of these girls will be called upon to step up into varsity action for next season. The Freshman team showed a lot of heart battling through adversity and showing improvement as the season went on. The highlight of the season was a well deserved victory of Clearview in 3

two sophomores, one junior, and only one senior on varsity. However, our senior Mitch Hildebrandt had a great season as an individual winning the

• Sectional Tournament and placing Runner-Up for MVP of the conference. As a team, our focus this year was in two areas: course management and the mental

sets at home.

• The Firelands HS Football teams are still in action and we will have a summary on their season posted when the season is over.

FIF@Iand 11/17/2014 Keep Kids Warm[®] Drive



Firelands TLC class hosted the "Keep Kids Warm" drive for The Boys and Girls Club of Cleveland. For motivation, the top second period class that collected the most items in the high school had a breakfast with the TLC class. Overall nine boxes of new socks, hats, and gloves were raised. Mrs. Johnston's class won this competition, and on November 7, 2014 this class was treated to breakfast. TLC would like to thank everyone who helped make this happen.

Article written by Emily Elswick.

Firelands Students Exhibit in the 2014 Lorain County High School Art Exhibition

The 32nd annual Lorain County High School Art Exhibition invites all public and private high school art departments in the county to enter work for this showcase. The exhibition is hosted by the Midway Mall in Elyria from Mon. Nov. 3 through Fri. Nov. 21. You can find the exhibition between J.C.Penney and Finish Line Sports stores. Exhibition open during mall hours - 10am-9pm Monday through Saturday-11am – 6pm Sunday. This year Firelands High School is represented by a group of 10 students from grades 9-12. Freshmen Emily Holcomb and Faith Rico and junior Moeko China are displaying pen and colored pencil zentangle mandala designs. Junior Olivia Mowry is displaying a colored pencil and ink selfportrait. Watercolor botanical studies of autumn leaves were completed from life and are displayed by junior Julia Ohle, and seniors Maisie Bonnett, Alex Hertensteiner, Brad Midkiff, Rachel Nitchman and Ashley Rister. The students are competing for "School Excellence" and "Best in Show" distinctions.



Julia Ohle, Rachel Nitchman, Brad Midkiff, Alex Hertensteiner, Maisie Bonnett, Oliva Mowry, Faith Rico, Ashley Rister, Emily Holcomb and Moeko China

Crocheting



This holiday season the Firelands FFA Chapter is holding a brand new community service, Crocheting For A Cause. Members of the chapter will meet after school to crochet scarves, hats, and blankets that will be donated to local families within the Firelands community, but we need YOUR help. If you have any soft yarn that would be good for hats, scarves, and blankets that you would like to donate, please contact FFA Advisor Shanna Finnegan at Firelands High School or drop off your donations at the high school. Additionally, if you have any crochet hooks that the FFA could borrow or you would like to donate, it would be greatly appreciated! We promise that all hooks will be returned in the same condition as when they were borrowed. The Firelands FFA Chapter appreciates your generosity at this time of the year, and is looking forward to creating wonderful pieces for those in need!



By: Katy Tuggle, Student Advisor

Figure 7 Figure Figure and Since Figure Statements Figure Statemen

Michaela Jeffers, a junior at FHS, completed a one week internship in July at the main campus of The Cleveland Clinic with Dr. Frank Papay. She is the only high school student that he has allowed to shadow him. Dr. Papay is The Chairman of Plastic Surgery and Dermatology Departments. He sees patients from all over the world. He is noted from performing the first American Face Transplant. He is also accredited for the innovation of the First Robotic Endoscopic Nerve Interpositional Graft, Endoscopic Repair of Skull Base Cerebral Spinal Fluid leaks, along with many more. She was also very fortunate to observe Dr. Risal S. Djohan and Dr. Ivo Gwanmesia. During her time at the Clinic, Michaela was able to observe numerous surgeries every day from reconstructions to cosmetic procedures, aided in pre-op and post-op care and also saw patients during clinic hours. She also documented surgeries by taking pictures, recording, and taking notes for Dr. Papay for pathology in the OR. Michaela is an honor student, a member of the Teen Leadership Council, President of The International Club and plays the bass drum in the Mighty Falcon Marching Band at Firelands High School. She is also a solo-ist, competitive dancer, and student teacher at the Midwest School of Ballet.



11/17/2014

Michaela Jeffers with DR. Risal S. Djohan



The Cross Country Banquet photo's this year 2014. The team had a fantastic season this year. The Boys won the Patriot Athletic Conference Championship beating out Buckeye. They also placed 2nd in the District Tournament at LCCC. The Girls placed 4th in The Patriot Athletic Conference Championship and placed 2nd at the New London Invitational. In the district 1st team all-County are Brennen Crawford, Ian Valerius, Derek Reynolds, Tori Hritsko, and Megan Vaughn. The 2nd team all-county consist of Cullen Grude, Michael Adkins and Ian Crawford. Finally, all-county honorable mention Matthew Brightbill, Leslie Peterson and Joy Vaughn. The teams did great and they had a wonderful banquet. We would like to thank Coach Northeim and Coach Donelson for their guidance and help throughout the season. We would also like to thank the bus drivers and all the faculty members, family and friends that cheered the team on RAIN OR SHINE. Thank you to everyone for all of their donations and help to make the Cross Country Banquet so successful. We also would like to say good luck to our graduating seniors. You will be missed!!

C.Geyer, T. Baldwin.



NEW PAVILION AT FES

At our school the builders built a pavilion. First, they dug up the basketball hoops out of the ground. Second the delivery boy came and brought wood, nails, tar paper, and 2x4s. Then they dug the holes. Then they put the posts in. Fifth, they built the roof. Then they put the coating on. Finally, they will put on the shingles and paint it. The pavilion is done! One day I hope I can make a pavilion. I think the pavilion is cool.

Thank you FES PTG and Mr. Gibson!!!

Written by: Mrs. Jaskiewicz's Class **Support the Firelands Board** of Education and help us to maintain the

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Please submit all articles

2014 High School Art Exhibition

The Lorain County ESC has released the awards for the 2014 High School Art Exhibition currently showing in the Midway Mall. Junior Julia Ohle earned a "Best in Show" with her watercolor botanical study of a maple leaf. Earning "Awards of Excellence" are Senior Rachel Nitchman for her watercolor leaf and freshmen Moeko China and Faith Rico for their zentangle mandala designs. Congratulations to these fine artists.





11/17/2014

RACHEL NITCHMAN







Page 9 TOO F	irelands Ex	II/17/2014
FIRELANDS ELEMENTARY	SOUTH AMHERST MIDDLE	FIRELANDS HIGH
Regular Lunch \$2.50—Ice Cold Milk served with all meals	Regular Lunch \$2.85—Ice Cold Milk served with all meals	Regular Lunch \$2.85—Ice Cold Milk served with all meals
NOVEMBER 17 - NOVEMBER 21	NOVEMBER 17 - NOVEMBER 21	NOVEMBER 17 - NOVEMBER 21
Monday - Baked chicken nuggets, Bbq baked beans, Red	Monday - Chicken parm w/wg roll, or chicken patty/ bun,	Monday - Chicken parm w/wg roll, or Chicken patty/ bun,
peppers strips, Chilled applesauce, Whole grain roll	Spaghetti / sauce, Green beans, Chilled applesauce	Spaghetti / sauce, Seasoned green beans, Chilled peaches
Tuesday - Dipping sauce, Domino's smart slice, Or	<u>Tuesday</u> - Dominoes smart slice, or stuffed crust peppro, Romaine salad, Grape tomatoes, Chilled Fruit	<u>Tuesday -</u> Dominoes smart slice, or stuffed crust peppro, Baby
school peppro pizza, Seasoned Corn, Baby carrots,	Wednesday - Beef & cheese nachos, or Taco fries w/cheese,	carrots, Grape tomatoes, Chilled pears <u>Wednesday</u> - Beef & cheese nachos, Or Taco Fries w/cheese,
Chilled fruit, Tray treat	Refried beans, Romaine salad, Chilled peaches, Whole	Refried beans w/cheese, Romaine salad, Chilled applesauce,
Wednesday - Hamburger w/Whole grain bun, Pickle slic- es, Smiley fries, Chilled pears	grain roll	Whole grain roll
Thursday - Bosco breadsticks, Romaine salad, Grape	Thursday - Chicken wrap w/cheese, Or Chicken strips w/	Thursday - Chicken wrap w/cheese, Chicken strips w/roll,
tomatoes, Fresh fruit	roll, Shredded lettuce, Seasoned corn, Fresh fruit	Shredded lettuce, Seasoned corn, Fresh fruit
Friday - Roasted hot dog w/bun, Steamed cauliflower,	Friday - Toasted cheese, Or Cheezy bread /garlic, Steamed	Friday - Toasted cheese, Or cheesy bread /garlic, Steamed
Chilled mandarin oranges	broccoli, Tomato soup, Chilled mandarin oranges	broccoli, Tomato soup, Chilled mandarin oranges
	<u>NOVEMBER 24 - NOVEMBER 28</u> <u>Monday -</u> BBq pulled pork wg bun, Whole grain corn dog,	<u>NOVEMBER 24 - NOVEMBER 28</u> <u>Monday -</u> BBq pulled pork wg bun, Whole grain corn dog,
NOVEMBER 24 - NOVEMBER 28 Monday - Popcorn chicken, Hashbrown patty, Baby car-	Baked beans, Celery sticks, Chilled peaches	<u>Monday</u> - BBq pulled pork wg bun, whole grain corn dog, BBq baked beans, Seasoned cauliflower, Chilled peaches
rots w/dip, Chilled peaches	Tuesday - Dominoes smart slice, or stuffed crust peppro,	<u>Tuesday -</u> Dominoes smart slice, or stuffed crust peppro, Sea-
Tuesday - Domino's smart slice, Or school peppro pizza,	Seasoned broccoli, Baby carrots, Chilled Fruit	soned broccoli, Baby carrots, Chilled pears
Seasoned corn, Celery sticks, Chilled fruit	Wednesday thru Friday - THANKSGIVING BREAK	Wednesday thru Friday - THANKSGIVING BREAK
Wednesday thru Friday - THANKSGIVING BREAK	DECEMBER 1 - DECEMBER 5	DECEMBER 1 - DECEMBER 5
DECEMBER 1 - DECEMBER 5	Monday - Salisbury steak, or breaded pork chop, Whipped	Monday - Salisbury steak, or breaded pork chop, Seasoned
Monday - Hamburger w/wg bun, Pickle slices, Bbq baked	potatoes, Seasoned corn, Chilled peaches, Whole grain roll	corn, Whipped potatoes, Chilled peaches, Whole grain roll Tuesday - Dominoes smart slice, or stuffed crust peppro, Sea-
beans, Coleslaw, Chilled mandarin oranges	Tuesday - Dominoes smart slice, or stuffed crust peppro,	soned broccoli w/chez, Celery sticks, Fruit
Tuesday - Domino's smart slice, Or school peppro pizza,	Seasoned broccoli, Celery sticks, Chilled Fruit Wednesday - Chipotle day, Fajita chicken or beef wrap,	Wednesday - Chipotle day-Beef or Fajita chicken, Ultra grain
Seasoned green beans, Baby carrots, Chilled fruit	Shredded iceberg, Black bean & corn salsa, Seasoned rice,	wrap,Shredded iceberg, Black bean & corn salsa, Cilantro lime
Wednesday - Baked chicken nuggets, Sweet tots, Chilled	Chilled mandarin orange	rice, Chilled mandarin orange
applesauce, Soft pretzel rod, Dipping sauce	Thursday - Cheese quesadilla, Or Chicken nuggets w/roll,	Thursday - Wg Cheese quesadilla, Or Chicken nuggets w/roll,
Thursday - Cheesy bread, Seasoned broccoli, Orange	Baby carrots, Seasoned green beans, Fresh fruit	Baby Carrots, Grape tomatoes, Fresh fruit
smiles, Jello cup	Friday - Gilardi cheese breadstick, or spaghetti w/ meat &	Friday - Deli sub bar w/ combo or turkey, cheese, lettuce, to- mato, peppers, banana pepper, black olives, Chilled pineapple
Friday - Salisbury steak, Seasoned corn, Whipped pota- toes, Diced peaches, Whole grain roll	roll, Romaine salad, Grape tomatoes, Chilled pineapple DECEMBER 8 - DECEMBER 12	DECEMBER 8 - DECEMBER 12
	Monday - Roasted hot dog w/ bun, Or steak um w/cheese,	Monday - Roasted hot dog w/ bun, Or steak um w/cheese/bun,
DECEMBER 8 - DECEMBER 12	BBq baked beans, Celery sticks, Chilled peaches	BBq baked beans, Celery sticks, Chilled peaches
Monday - Roasted hot dog/ bun, Bbq baked beans, Match	Tuesday - Dominoes smart slice, or stuffed crust pizza, Sea-	Tuesday - Dominoes smart slice, or stuffed crust peppro, Baby
stick carrots, Chilled pears	soned Broccoli, Grape tomatoes, Chilled Fruit	carrots, Grape tomatoes, Chilled pears
Tuesday - Domino's smart slice, Or school peppro pizza, Seasoned peas, Celery sticks, Chilled fruit	Healtebaug Tueo bulua, of boit tueo Hrup, encebe, billea	Wednesday - Taco salad meat /cheese, Tortilla chips, or soft taco wrap w/cheese, iceberg lettuce, Salsa cup, Seasoned corn,
Wednesday - General Tso's Chicken, Stir Fry Veggies,	ded iceberg lettuce, Seasoned refried beans, Chilled applesauce, Tortilla chips	Chilled applesauce, Whole grain roll, sour cream
Seasoned Rice, Chilled pineapple tidbits, Fortune cookie	Thursday - Chicken strips w/roll, or chicken patty w/bun,	Thursday - Chicken strips w/roll, Chicken patty w/bun Baked
Thursday - Soft taco, Shredded lettuce & cheese, Sea-	Parsley potatoes, Fresh fruit, Goldfish cinna grahams	fries, California blend veggie, Fresh fruit, Jello w/topping
soned corn, Fresh fruit	Friday - Macaroni & cheese /breadstick, or Rib a cue w/bun,	Friday - Macaroni & cheese & roll, or Rib a cue w/bun, Sea-
Friday - Gilardi cheese breadstick, Pizza sauce, Romaine	Baby carrots, Green beans, Chilled pears	soned broccoli, Cucumber slices, Mandarin oranges
salad, Grape tomatoes, Chilled mandarin oranges	DECEMBER 15 - DECEMBER 19	DECEMBER 15 - DECEMBER 19
DECEMBER 15 - DECEMBER 19	Monday - Pepperoni calzone, Or French bread pizza, Sea-	Monday - Pepperoni stuffed calzone, Or French bread pizza, BBq baked beans, Seasoned carrots, Applesauce
Monday - Sausage links, French toast sticks, Hashbrown	soned cauliflower, Celery sticks, Applesauce, Graham crack- ers	Tuesday - Dominoes smart slice, or stuffed crust peppro, Sea-
potatoes, Celery sticks, Orange juice cup, Syrup cup	Tuesday - Dominoes smart slice, or stuffed crust peppro,	soned green beans, Romaine salad, Chilled mandarin oranges
Tuesday - Dominoes smart slice, Or school peppro pizza,	Romaine salad, Grape tomatoes, Chilled Fruit	Wednesday - Falcon burger w/whole grain bun, Iceberg let-
Seasoned broccoli, Baby carrots, Chilled fruit	Wenesday -Falcon burger w/wg bun, w/ iceberg lettuce,	tuce,, Cheese, sauce, Sweet things fries, Chilled pears
Wednesday - Baked chicken fries, Baked french fries,	cheese, sauce, BBq baked beans, Sweet potato fries, Chilled	Thursday - Chicken bowl w/gravy, cheese, Seasoned corn,
Bbg baked beans, Chilled pears, Dipping sauce	pears	Whipped potatoes, Fresh fruit, Whole grain roll

Bbq baked beans, Chilled pears, Dipping sauce Thursday - Pepperoni Calzone, Green beans, Sliced cu-cumbers, Fresh fruit Friday - Toasted cheese, Tomato soup, Saltines, Seasone

pearsChicken bowl, gravy & cheese, Sea-
soned corn, Whipped potatoes, Fresh fruit, Whole grain rollWhipped potatoes, Fresh fruit, Whole grain rollFriday - Wg cheese breadstick w/ pizza sauce cup, OrSeasoned broccoli, Chilled pineapple

peas, Chilled peaches	beef ravioli /breadstick Seasoned broccoli Chilled	DECEMBER 22 - JANUARY 2 NO SCHOOL - CHRISTMAS BREAK
DECEMBER 22 - JANUARY 2 NO SCHOOL - CHRISTMAS BREAK	pineapple <u>DECEMBER 22 - JANUARY 2</u> NO SCHOOL - CHRISTMAS BREAK	

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NOVEMBER

19 FES – Finest Falcons Principal's Lunch Bunch 26 Non – Instructional Day – No School 27 - 28 Thanksgiving Vacation – No School

DECEMBER

1 SAMS - PTG Meeting - 2:45 p.m. 1 Coed Varsity Bowling Away Berea High School @ Rebman's Lorain 4:30pm 1 – 12 SAMS – Student Council Gourmet Candy Sale 2 FES - PTG Meeting in Library - 7:00 p.m. 3 SAMS Holiday Concert – 7:00 p.m. 3 Coed Varsity Bowling @ Open Door High School @ Lake Erie Lanes Vermilion 4:30pm 3 Girls Varsity Basketball @ Vermilion High School 4:30pm **5** Interim Reports 6 Boys Varsity Wrestling @ Madison Comprehensive HS Coca Cola Invite 10:00am 6 Girls Varsity Basketball @ Columbia High School 4:00pm 8 Coed Varsity Bowling @ Elyria Catholic H.S. @ Strikeout Lanes Wellington 4:30pm 8 Board of Education Meeting - 7:00 p.m. 8 FES – Leadership Team Meeting – 3:50 p.m. 8 SAMS – Faculty Meeting – 2:40 p.m. 9 - 13 SAMS – Library Book Fair 9 Boys Varsity Basketball vs Open Door High School 4:00pm 10 Coed Varsity Bowling @ Lorain Admiral King High School @ Rebman's Lorain 4:30pm 10 Girls Varsity Basketball vs Fairview High School 4:30pm 12 Boys Varsity Basketball @ Columbia High School 10:00am 13 Girls Varsity Basketball @ Lutheran West High School 4:00pm 15 Coed Varsity Bowling @ Keystone High School @ Slovak Club Lorain 4:30pm 15 FES – Staff Meeting – 3:50 p.m. 16 Boys Varsity Basketball vs Fairview High School 4:00pm 17 FES – Finest Falcons Principal's Lunch Bunch 17 Coed Varsity Bowling @ Black River High School @ Grafton Lanes 4:30pm 17 Girls Varsity Basketball vs Brookside High School 4:30pm 18 Boys Varsity Wrestling @ Lakewood High School Double Dual - Lakewood, John Adams, John Marshall 4:30pm 18 FES – Winter Concert 18 FHS - Band Holiday Concert at FHS - 7:00 p.m. 19 SAMS – Student Council Sponsored Talent Show – 1:00 – 2:20 p.m. 19 Boys Varsity Basketball @ Lutheran West High School 9:00am 20 Boys Varsity Wrestling @ Bowling Green High School Bobcat Duals @ BGSU 1:00pm 20 Girls Varsity Basketball vs Keystone High School TBA 21 Boys Varsity Wrestling @ Bowling Green High School Bobcat Duals @ BGSU 4:30pm

22 Winter Break Begins – No School

23 Boys Varsity Basketball vs Brookside High School 7:30pm
23 Girls Varsity Basketball @ Lorain Admiral King High School 10:00am
27 Boys Varsity Basketball vs Vermilion High School 4:00pm
29 Boys Varsity Wrestling @ Vermilion High School Vermilion Holiday Invitational 4:30pm

29 Girls Varsity Basketball @ Buckeye High School 10:00am 30 Boys Varsity Wrestling @ Vermilion High School Vermilion Holiday Invi tational 6:00pm

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30 Boys Varsity Basketball vs Keystone High School 10:00am

JANUARY

3 Girls Varsity Basketball @ Wellington High School 4:30pm

3 Boys Varsity Basketball @ North Ridgeville H.S. 4:00pm

5 Coed Varsity Bowling @ Wellington High School @ Strikeout Lanes Wellington 4:30pm

5 School Resumes

5 SAMS - PTG Meeting - 7:00 p.m.

5-16 SAMS - Student Council Winter Braided Bread Sale

6 FES - PTG Meeting in Library – 7:00 p.m.

6 Boys Varsity Basketball @ Buckeye High School 7:30pm

6 Girls Varsity Basketball vs Mapleton High School 4:00pm

7 Coed Varsity Bowling @ Vermilion High School @ Rebman's Lorain 6:00pm

7 Girls Varsity Basketball vs Black River High School 4:30pm 8 Boys Varsity Wrestling @ Black River High School PAC Double Dual -Black River & Columbia 4:30pm

9 Boys Varsity Wrestling @ Woodmore HS "A" Classic 6:00pm

9 Boys Varsity Basketball @ Wellington High School 10:00am

10 Boys Varsity Wrestling @ Woodmore HS "A" Classic 11:30am 10 Girls Varsity Basketball vs Oberlin High School 4:00pm

12 Coed Varsity Basketban vs Obernin High School @ Lake Erie Lanes Vermil-

ion 4:30pm 12 Girls Varsity Basketball vs Amherst-Steele H.S. 4:30pm 12 SAMS - Faculty Meeting - 2:40 p.m.

12 Board of Education Meeting - 7:00 p.m.

12 FES - Leadership Team Meeting - 3:50 p.m. 13 Boys Varsity Basketball @ Sandusky High School 4:30pm

14 Girls Varsity Basketball @ Brooklyn High School TBA

14 SAMS - Yearbook Pictures Group & Candid - 7:40 a.m.

15 *****End of 2nd Grading Period*****

16 Teacher In-Service Day - No School

19 Martin Luther King, Jr. Day - No School

20 FES - Staff Meeting - 3:50 p.m.

28 FES - Finest Falcons Principal's Lunch Brunch

29 SAMS - Fabulous Falcon Breakfast - 7:40 a.m.

15 Boys Varsity Wrestling vs Wellington High School PAC Double Dual -Buckeye/Wellington/Keystone 4:30pm

16 Boys Varsity Basketball @ Black River High School TBA

17 Boys Varsity Wrestling home Jim Solomon Falcon Invitational 10:00am 19 Boys Varsity Wrestling @ Lutheran West High School JV Tournament

TBA

20 Boys Varsity Basketball vs Oberlin High School TBA



Our Vision Statement: To enhance the quality of our educational programs and provide recognition through supplemental assistance for college education.

We have quietly been making a difference by providing scholarships, issuing grants for classroom support and circulating the Firelands Express to keep you informed.

Email: Mrs. Gundersen (egundersen@firelandsschools.org) with questions

Trip Dates: May 13-15, 2015

Cost of Trip: \$575.00 per student

<u>Firelands Schools Endowment Fund Trustees</u>: Barb Bechtel, Jerry Born, Denise Brooks, Ann Buchs, Amy Hignett, Scott Northeim, Kristi Palmer, Dan Pycraft, Lois Von Gunten, Kathy Whitmore.



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